#### WALKABLE COMMUNITIES

NYS Department of State

Planning for pedestrians

# Why plan for pedestrians?

- Benefits: environmental, health, and economic
- Walkable communities characteristics



 Building and rediscovering walkable communities

#### Preferences

66% in 2011 National Association of Realtors survey said walkability is a factor in deciding where to live

 80% prefer to live in single-family detached houses





## Walking facilities



### Facility barriers

- High speed or heavy traffic
- No sidewalks
- Narrow walkways
- Surfaces poorly constructed or maintained
- Physical features (rivers, RR tracks, major arterials lacking crossings)



#### Rural vs. urban crashes



There are more crashes in urban areas, but more fatalities in rural areas.

### Measuring your walkability

Walkability audits

- RateMyStreet: uses Google Maps to actively score walkability; includes disability access, crime, safety, sidewalks, etc.
- Walk Score: scores your address based upon proximity to amenities, but does not include sidewalks, safety or topography

# Walkable Community characteristics

- Intact centers
- Residential densities, mixed income, mixed use
- Public space
- Universal design
- Key streets that are speed controlled
- Well linked streets & trails
- Properly scaled design
- Many people walking



Source: Walkable.org

#### Intact centers

#### Have centrally located:

- Variety of stores/businesses
   (open 8+ hours daily)
- Library (open 10+ hours daily)
- Post office, civic buildings
- Youth and senior services

#### And avoid:

- Strip malls and leap frog development
- Office parks
- Public facilities outside municipal centers
- Isolated schools

#### Mixed uses and density near center

Variety of building types and affordability

Higher densities





#### **Public space**

- Lively places for gathering, playing, and associating like parks and plazas
- Easily accessed by all people, within <sup>1</sup>/<sub>8</sub> mile (700 feet) of all homes



### Americans with Disabilities Act

Chapter 11, 2010 Building Code of NYS: Accessibility

- Requires pedestrian facilities be planned, designed, constructed, and maintained to accommodate people with disabilities
- Applies to new construction and reconstruction (i.e., barrier removals)
- About 70% of Americans will be temporarily or permanently disabled at some point in life

#### Well linked streets & trails

Streets are block form, grid or other highly connected patterns

Avoid cul-de-sac or other fractured patterns (or repair using trail connectors)

Update official map and zoning to discourage long, disconnected streets

## Properly scaled design

- Homes: within <sup>1</sup>/<sub>2</sub> mile walking radius of most services:
  - Elementary school: within <sup>1</sup>/<sub>4</sub> mile
  - High school within: 1 mile
- Important features (parks): within <sup>1</sup>/<sub>8</sub> mile
- Public transit shelters: within ½ to ¼ mile





### Where the cars are

Street design Traffic calming Parking standards

### Complete Streets law

Public projects with federal and state funding subject to DOT oversight must consider Complete Streets design principles Complete Streets design principles:

- sidewalks,
- bicycle lanes,
- crosswalks,
- pedestrian control signalization,
- bus pull outs,
- curb cuts,
- raised crosswalks,
- ramps, and
- traffic calming measures

#### Speed controlled streets

- Municipalities can design their streets for safety
   Speeds set for safe, courteous travel
  - Wider streets: accidents per mile per year increase
  - Safest streets: narrow, slow, 24' wide streets
  - Most dangerous streets: 36' wide streets (typical of conventional subdivisions)

Avoid one way streets to hasten exits to suburbs

### Pedestrian friendly street design

- Narrow streets: less conducive to higher speeds
- Lighting on shorter poles or lower fixtures
- Planting buffers with landscaping and trees provide shelter and shade without obstructing sight
- Street furniture: benches, drinking fountains
- Public art, banners, paving, cultural and historic elements to promote "sense of place"
- Signs and signals for both pedestrians and motorists

# Traffic calming

#### Volume control

- Full closures
- Half closures
- Median barriers

#### **Speed control**

- Roundabouts
- Chicanes
- Center island narrowings
- Speed humps, raised crosswalks



### Parking standards

- Decrease minimum parking standards
- Bicycle parking
- Valet parking
- Permeable parking lot surfaces





# Design principles

Sidewalks

Shoulders

Intersections

Safe Routes to Schools

Trails

# Problem sidewalks







#### Recommended sidewalk widths

- Central business district (CBD):
  - minimum 8'
- Commercial/industrial area outside CBD:
  - minimum 5' with 2' planting strip or
     7' without planting strip
  - 4' or 5' wide planting strip when possible
- Residential area outside CBD:
  - 5' on arterial and collector streets with 2' planting strip
  - 5' on local streets with 2' planting strip in R1 zones



# Sidewalk setback/planting strip

- Space for utility and lighting poles, signs, fire hydrants, parking meters, etc.
- Allows for alignment of sidewalks with curb ramps and crosswalks at intersections
- Space for landscaping
- Space for seasonal leaf and snow removal



# Trails and greenways

#### Safety:

Proximate homes & businesses increase visibility & security
multi-use paths should accommodate maintenance & emergency vehicles
Routine maintenance is crucial



#### •Widths:

- 10' for two-way multi-use path
- Clearance:
  - 3' on each side; 5' buffer on roadside
  - 8' minimum overhead
- Surface:
  - asphaltic concrete for most uses
  - Portland cement for pedestrians (not bikes or skaters)
- Maintenance:
  - Routine work ensures user safety; prolongs facility life
- Good signage:
  - Warning, directional, and informational

#### Intersections and crosswalks

- Short wait
- Adequate crossing time
- Appropriate intervals
- Clear space
- Visibility
- Legibility
- Accessibility
- Separation from traffic



### School site selection

- Establish school as strong center of community
- Low traffic locations within neighborhoods best
- Trails/pathways for direct links to neighborhoods
- Sidewalks for streets leading to school
- Minimize parking to encourage walking or biking
- Use traffic calming
- Well designed, frequent intersections and crossings:
  - Good visibility, lighting, trees for shade and shelter









# Safe Routes To School (SRTS)

- Federal, state, local effort
- Goal: develop and implement projects that encourage walking and biking to school
- Approach: engineering, enforcement, education, and encouragement



# What can municipal officials do?

- Install sidewalks as part of capital projects, and/or automatic with any new development
- Adopt sidewalk construction standards
- Provide incentives for architectural design protecting pedestrians from the weather (canopies or arcades)
- Construct walkways within 1.5 miles of schools
- Incorporate policies to promote walkability in comprehensive plans
- Modify zoning, including reducing minimum parking



### What municipal officials can do

Comprehensive Plan

- Zoning and Land Regulations
- Consider walking and non-auto transportation in review



### The comprehensive plan

- <u>Include</u> clear policy statements on pedestrian needs
- <u>Encourage</u> mixed uses, higher density with pedestrian access
- <u>Emphasize</u> pedestrian oriented neighborhoods and community centers over automobile ones
- <u>Highlight</u> street design standards that promote pedestrians and safety
- <u>Use</u> grid pattern roads to slow and to disburse traffic
- <u>Require</u> pedestrian facilities with all new development

### Residential area zoning

- Variety of housing and density
- Small-scale shops, schools, and offices near residential areas
- Narrow, grid pattern streets with alleys
- Sidewalks/walkways on both sides of streets



### Residential area zoning

#### Zoning should discourage

- Gated access or walls around subdivisions
- Auto-oriented uses like drive-throughs
- Excessive parking requirements
- Cul-de-sacs, dead ends
- Front of lot garages
- Large retail outlets
- Large parking lots



## Commercial area zoning

- Office/retail mix; housing on upper floors
- Projects close to transit stops
- Awnings and overhangs
- Public spaces as part of projects
- Bicycle parking at front entrances
- Regularly spaced trees/benches
- Large parking lots cut into 300' blocks with curbs, sidewalks, and trees



### Commercial area zoning

#### Zoning should discourage

- Building less than 2 stories high
- Subdivision for single family homes
- Buildings with side or rear entrances
- □ Front of lot parking and garages
- Perimeter walls around projects
- Cul-de-sacs and dead ends
- Minimum parking standards
- Wide streets



# Office/industrial zoning

- Core of retail and commercial services
- Any large parking lots have curbs, sidewalks, and trees
- □ Bike parking at front entrances
- Park-and-ride lots and transit centers



# PUD/TND zoning

- Central community center with park or square
- Retail/professional offices near community center
- All dwellings within 1000' of park or greenway



# TOD zoning

- Sidewalks on both sides of streets
- Walkways between schools, homes, transit stations
- Front entrances no more than 10' from sidewalks
- Mixed use development;
   first floor retail/services
- On street parking, within or under buildings
- Regularly spaced trees, benches



#### Transit zone zoning

#### Zoning should discourage:

- Auto-uses and excessive curb cuts
- □ Superstores exceeding 50,000 sf
- Buildings less than 2 stories high
- Residential development with 1+
   off street parking space per unit
- Office development with 1+ parking space per 600 sf of building floor area
- Dead ends, cul de sacs, walled perimeters



#### Site Plan Review

Rendering, drawing, or sketch showing the arrangement, layout and design of proposed use of a single parcel of land



### Site Plan Review

- Designate review
   board, enforcement
- Submission requirements
- Review elements

- Build to street with parking in back
- Connected parking lots with pedestrian zones
- Pedestrian amenities (benches, trees, landscaping)
- Good lighting, clear sight lines
- ADA compliant sidewalks, ramps

#### Site Plan Review

- Review elements include pedestrian design
- Review board: Oversee approval of designs consistent with plans and regulations





#### In conclusion...

### Solvitur ambulando

## Contacting the Department of State

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http://www.dos.state.ny.us/lg/lut-index.html

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