

“Bath Salts” (Slang for a man-made drug)

What is it?

- This product was not made to be used in a bath
- Often sold as “plant food”, “stain remover” and “glass cleaner”—the drug contains dangerous chemicals
- Powder form is sold in packets but also in capsules
- Package reads “not for human consumption” but people eat, snort, or even inject it to get “high”
- If snorted, effects occur within minutes, if eaten, 45 minutes up to 48 hours
- Many brands exist with names like “Cloud 9”, “Eclipse”, “White Lightning” and “Ocean Burst”
- Ingredients are not listed on the products
- Each batch is different, with different chemicals in different amounts

Why is it used?

- Although labeled “not for human consumption”, it is used as a cheap “high”
- It is cheap and easy to get
- People think it is safe because it is sold “over the counter”, **BUT IS NOT**
- This fake drug doesn’t show up on most drug tests

Where is it sold?

- Bath salts are easy to get on-line, in head shops, convenience stores and on the street

What happens to people who use “bath salts”?

- Agitation (extreme activity or emotion)
- Dehydration (body doesn’t have enough water)
- Severe paranoia (extreme distrust)
- Chest Pain
- High blood pressure/fast heart rate
- Anxiety and muscle cramps
- Violent actions/self injury
- Hallucinations (see and hear things, not real)
- Some users require long-term mental health care



How many people are using “bath salts” according to US Poison Centers?

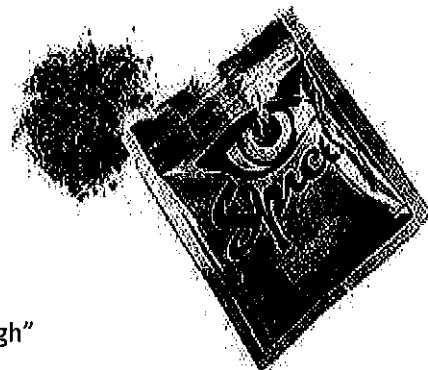
- In 2010, there were 304 calls to US Poison Centers, most from health care facilities
- In 2011, there were 6,138 cases with 90% of calls were from health care facilities
- In 2012, the number of cases continue to increase



Synthetic Marijuana, K2, Spice, or Fake Marijuana

What is it?

- Synthetic marijuana, also known as K2, Spice or fake marijuana, is a man-made drug
- It has some of the effects of real marijuana (pot or cannabis) but can be much more dangerous
- Fake marijuana is more potent than real marijuana, adding to the risk for an overdose
- Dried leaves of herbal plants are coated with a mix of chemicals and sold as “incense” or “potpourri”
- Sold in small foil or plastic zip packets
- Ingredients are not listed on the package
- Smokers expect a “high” as with regular marijuana
- Each batch made is different—different plants and chemicals are used with each batch
- It is impossible to know exactly what is in the package without analyzing each batch
- Often, the drugs effects aren’t immediate so users feel they need to use more



Why is it used?

- Although labeled “not for human consumption”, it is used as a cheap “high”
- Fake marijuana users say the effects last 1-2 hours
- People think it is safe because it is sold “over the counter”, **BUT IS NOT**
- These fake drugs are generally smoked and don’t show up on most drug tests

Where is it sold?

- Easy to get online, in head shops, gas stations, convenience stores or on the street

What happens when people use fake marijuana?

- Higher or lower blood pressure than usual
- Heart rate races or slows
- Agitation (extreme activity or emotion)
- Tremors (body shakes)
- Delusions (believing something is happening when it is not)
- Seizures
- Chest Pain
- Anxiety (extreme worry)
- Severe Paranoia (extreme distrust)
- Kidney Failure
- Death

Number of cases increasing

- In 2010, there were 2,906 calls to US Poison Centers.
- In 2011, there were 6,995 cases and 90% of calls came from health care facilities
- In 2012, calls continue to increase