

**COVID-19**  
**CONTACTS AND RESOURCES:**

<b><u>Name:</u></b>	<b><u>Contact:</u></b>	<b><u>Purpose:</u></b>
Child Care Solutions	315-446-1220; or childcaresolutionscny.org	Child Care
Senior Citizen Nutrition Information and Resource Hot Line	315-218-1987	For seniors to be added to meal delivery or pick up list. (Seniors who already receive their meals through Meals on Wheels are already on the list and DO NOT need to call).
Upstate University Hospital COVID-19 triage line	315-464-3979	For individuals who DO NOT have a primary care doctor and are experiencing symptoms.
Community Resource Line	211	For those who may need a higher level of assistance or additional resources.
Food Bank of CNY	<a href="https://foodbankcny.volunteerhub.com/userregistrationwizard/usernamepassword">https://foodbankcny.volunteerhub.com/userregistrationwizard/usernamepassword</a>	Volunteering
United Way Of CNY	315-428-2229 or <a href="http://www.volunteercny.org">http://www.volunteercny.org</a>	Volunteering