



CNYMRC Times

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CENTRAL NEW YORK MEDICAL RESERVE CORPS
Helping Our Communities, Ready to Respond

Onondaga County Reverse 911 for Cell Phones

The Onondaga County Department of Emergency Communications announced that County residents can sign up to receive alerts issued by the Onondaga 9-1-1 Center through a free online gateway. The Self Registration Portal for the GeoCast emergency notification system allows you to receive alerts on your landline or cellular telephone or through e-mail by following the simple steps to sign up. This new service will improve public safety communications efforts throughout the county.

Existing land-line telephones with active service are automatically registered to receive emergency notifications through the GeoCast system. Cellular and VoIP telephones are not currently in the system database. If you would like to be contacted on cellular or VoIP to receive emergency notifications in your area, you must self-register on

the system.

The Self Registration Portal (SRP) now appears on the Onondaga County Department of Emergency Communications website, located at <http://www.ongov.net/911>. Here, residents can complete a short form supplying their contact information, address, and determine their preferences for notification during both emergencies and non-emergencies.

Participants may return to the Self Registration Portal using a secure log-in and update their personal contact information as often as necessary to ensure data accuracy. The GeoCast system seamlessly geo-codes this information and saves it to the application database on a scheduled basis, further ensuring notification integrity. This allows Onondaga 9-1-1 to send future communications through the application to individuals in the

immediate area of an event, improving public safety efforts throughout the county.

Participation is voluntary and your number will not be shared for any other purpose.

Although this is a free service administered by the Onondaga County Department of Emergency Communications, you may be charged a standard fee from your wireless provider if you exceed your current data plan for receiving voice calls or text messages. Onondaga County is not responsible for any charges that may be incurred as a result of receiving these alerts.

Coordinator's Note: This article is from a press release issued by the Onondaga County Department of Emergency Communications on July 10, 2012.

UNIT NEWS

Cayuga County Requests CNYMRC to Assist with POD Exercise

The Cayuga County Health Department is requesting volunteers to assist with their annual Point of Dispensing (POD) Exercise.
Date: Thursday October 18
Time: 9:00-11:00 a.m. Report at 8:00.
Location: Gym at Cayuga Community College, 197 Franklin St., Auburn.
Still Needed: (1) medical volunteer to vaccinate and (1) volunteer to greet and assist with mobility impairments. In Cayuga County, volunteers are included in the county's general liability with the exception of volunteer physicians. Since this group consists completely of adults, pharmacists with immunizer certification can vaccinate. If you are interested and available to assist with this exercise, contact the CNYMRC Coordinator.

CNYMRC Assisting with Making Strides Against Breast Cancer Walk

Date: Saturday October 20
Time: 7:00 a.m.-Noon
Location: Jefferson County Fairgrounds, Watertown
Needed: Volunteers to assist with registration and marshaling the walk route. If you are interested in participating, contact the CNYMRC Coordinator.

CNYMRC Assisting with Aid Station at Empire State Marathon

Date: Sunday October 21
Time: 7:00 a.m.-Noon
Location: Onondaga County. Specific location TBD.
Needed: Volunteers to provide water and sports drinks to runners. If you are interested in participating, contact the CNYMRC Coordinator.

Jefferson County Requests CNYMRC to Assist with Exercise

The Jefferson County Public Health Service is requesting volunteers to assist with their POD Exercise, vaccinating adults and children for flu.
Date: Tuesday October 23
Time: 5:30-8:30 p.m. Report at 5:00.
Location: North Side Improvement League, 633 Mill St., Watertown
Needed: Volunteers to vaccinate, support clerical duties, and assist with traffic flow. A pre-exercise training is recommended. Dates and times are yet to be determined but several sessions will be available. In Jefferson County, CNYMRC volunteers are included in the county's liability. If you are interested and available to assist with this exercise, contact the CNYMRC Coordinator.

From the Coordinator...

You may be wondering why you haven't heard anything about the Annual Meeting and Appreciation we've done the last couple years in autumn. The survey conducted earlier this year showed many of you prefer the event occur in Spring or Fall. Fall is rife with volunteer opportunities, potentially overloading you in your ability to participate in unit activities. The Leadership Committee also decided this event should head in the direction of a training conference. We felt this would be a much better use of your time and much more valuable to you as a volunteer. We want to do this right so we have decided to postpone the event until Spring.

The Training Conference will be a much fuller experience, requiring more planning for which the CNYMRC is assembling a Planning Committee. The group has held its initial meeting. We would love to have more of our CNYMRC members involved in planning the day. **WE NEED YOU!** We plan to meet monthly by phone, with email communication in between as we accomplish specific tasks. If you are interested in planning the training conference, contact me and we will add you to the committee.

The training conference will include simultaneous course offerings, volunteer recognition at lunch, and time set aside for a quick annual membership meeting. We may survey our membership this fall to assist in choosing training courses. We also plan to send out an email request early in 2013 to get a feel for dates. Take the time to respond to these requests as they will help us make the conference a success.

Funding for this event is provided by the 2012 NACCHO-MRC Capacity Building Award as well as MMRS funds administered by the Onondaga County Health Department.

I hope you join us—in planning as well as attending the conference.

Bobbi Alcock

Your CNYMRC Coordinator

Welcome

The CNYMRC welcomes our new members joining the CNYMRC July-September 2012:

Katie Batchelor, Oswego, Non-HC

Briana Button, Oneida, Registered Nurse

Michelle Cooney, Onondaga, Physical Therapist

Ashley Creque, Nassau, Health Care Student

Joseph Guss, Onondaga, Registered Nurse

Sarah Lillie, Cortland, Licensed Practical Nurse

Aaron Mathews, Oneida, Non-HC

Heather Mathews, Oneida, Licensed Practical Nurse

Margaret O'Connor, Madison, Licensed Clinical Social Worker

Arnold Scott, Tompkins, Non-HC

Melissa Thomas, Jefferson, EMT

Autumn Birthdays

October

Mary Boucher ✕ Linda Coe ✕ Richard Cohen ✕ Patricia Cupernall ✕
Dianne Donovan-Colin ✕ Diana Doughty ✕ Chantel Eckert ✕ James Elrod ✕
Alyssa Endres ✕ Nancy Girard ✕ Kristina Hingre ✕ Brett Holberg ✕
Peter Lemke ✕ Philip Lyman ✕ Stephen Maheux ✕ Peggy Merrill ✕
Stacey Rickert Fedder ✕ Sallie Russell ✕ Martin Schaeffer ✕ Patricia Snider ✕
Jessica Thompson ✕ Erik Tubolino ✕ Lynne Wallace ✕ Pamela Wellman ✕
Wendi Zufelt

November

Tammy Allen ✕ Patricia Andrews ✕ Diane Avery ✕ Sharon Bliss-Chandler ✕
Kathleen Cuddy ✕ F. Lee Dutton ✕ James Fey ✕ Peter Gallauresi ✕
Paul Garvey ✕ Phillip Gioia ✕ Patricia Hudelson ✕ Pamela Keville ✕
Daniel Maas ✕ Daniel Mackay ✕ Carrie Manning ✕ Pamela Marmon ✕
Sue Ann McGovern ✕ Brenda McGrath ✕ Margaret O'Connor ✕ Lynne Odell ✕
Joseph Pierz ✕ Jack Resnick ✕ Denise Russell ✕ Brenda Siegfried ✕
Harold Small ✕ Michelle Strom ✕ Vera Turk ✕ Sarah Upfold-Harrell ✕
Margaret Wade

December

Keith Alexander ✕ Maritza Alvarado ✕ Tammy Balamut ✕ Theresa Baxter ✕
Steven Berkowitz ✕ Jay Brenner ✕ Judith Brenon ✕ Donald Brooker ✕
Briana Button ✕ John Endres ✕ Pauline Frazier ✕ Brenda Jackson ✕
Paul Little ✕ Paul Marciniak ✕ Mary Jo Marvar ✕ Victoria Meguid ✕
Ashley Murfitt ✕ David Newman ✕ Kathrin Petterelli ✕ Colleen Redding ✕
Carol Sherwood ✕ Cheryl Stuper ✕ Steven Tiernan ✕ Christine Vecchio

CNYMRC Member Spotlight

Seven CNYMRC members assisted with four Onondaga County Health Department rabies vaccination clinics this summer. Members **Sheila Chiumento, Diane GreenPope, Patricia Hudelson, Elaine Lostumbo, Michael Williamson, and Leigh Wilson** completed rabies vaccination certificates and filled rabies vaccine syringes. Member **Robert Fluck** educated pet owners on preparing their pets for a disaster at the clinic at Alliance Bank Stadium. More than 1,500 pets have been vaccinated at these clinics this year.

Coordinator's Note: An article about the CNYMRC assisting at these rabies clinics was published in Summer 2012 *MRC In Focus*, the national MRC newsletter. www.naccho.org/topics/emergency/MRC/newsletter.cfm

Eight CNYMRC members conducted responder rehabilitation as part of a full-scale exercise being held by

Onondaga, Madison, and Oswego Counties. Members **Dave Bregard, June Chamberlin, Robert Fluck, Sheila Kirby, Elaine Lostumbo, Barbara McDonal, Jamla Rizek and Michele Wilson** kept first responders hydrated and checked vital signs before releasing the responders back to the exercise.

CNYMRC members **Jean Brown** conducted hypertension screenings as part of a pre-test toward kidney tests. This was done at the Senior Health and Wellness Fair in Jefferson County.

CNYMRC members **Diane GreenPope and Elaine Lostumbo** drew blood for prostate screenings at Onondaga County's Get Health Connected. This event connected uninsured and underinsured residents with free health screenings, valuable tests they may not receive otherwise.

Seven CNYMRC members participated in the Onondaga County Health Department's mass prophylaxis exercise, testing the health department's ability to vaccinate large volumes of people in a short period of time. More than 700 first responders received their flu shot as part of the exercise. Members **Lu Ann Berlinski, Dave Bregard, Robert Fluck, Elaine Lostumbo, Harold Mandel, Jamla Rizek and Michael Williamson** controlled the flow of cars through the route, provided medical screening and vaccinated responders during the exercise.

CNYMRC members **Sheila Chiumento and Diane GreenPope** registered participants at the American Cancer Society Making Strides Against Breast Cancer walk in Syracuse.



Central New York Medical Reserve Corps Training Day



Friday October 26, 9:30 am-4:00 pm
Liverpool Public Library, Sargent Meeting Room
310 Tulip St., Liverpool

Schedule of Courses

9:30	Check-In (unless attending later course)
9:40-10:25	CNYMRC Orientation
10:30-12:45	IS-700a and IS-100b
12:45-1:30	Lunch (on your own)
1:30-2:20	Personal Preparedness
2:25-3:25	Psychological First Aid
3:30-3:45	CNYMRC—What we do, what you will do
3:45	CNYMRC ID Badge Photos/T-shirt Distribution

CENTRAL NEW YORK MEDICAL RESERVE CORPS

Lead Agency:
Onondaga County Health Department
421 Montgomery Street
Syracuse, NY 13202
Office: (315) 435-5262
Fax: (315) 435-3613
E-mail: cnymrc@ongov.net

Have you yet to complete your required courses? Would you like to achieve Active status in the CNYMRC? This one-day training option helps you to complete four of the five required courses to achieve Active status in the CNYMRC. CPR is the other required course. If you do not need all the courses, come for the ones you do!

COST: FREE!

REGISTRATION DEADLINE: Friday October 19

Training to Serve Our Communities

Training Calendar

CNYMRC Training Day

This one-day training class covers orientation and four of the five training courses required to achieve Active status—personal preparedness, psychological first aid, IS-100, and IS-700. The training day does not cover the required CPR course. Need only a couple of the courses? Come for what you need! The class is free but lunch is on your own.

Onondaga County: Friday October 26, 9:30 a.m.-4:00 p.m. Liverpool Public Library (Sargent Meeting Room), 310 Tulip St., Liverpool. Contact the CNYMRC Coordinator by October 19 to register. See the attached flyer for further information.

CNYMRC Orientation

“Meet” your coordinator and fellow volunteers while getting an overview of the CNYMRC—what it is, your role in the MRC, and the MRC’s role in the community. The orientation is required to begin your work with the CNYMRC, so attend a session as soon as possible. Do you know someone who might be interested in joining the CNYMRC? Ask them to join in!

IN PERSON:

Onondaga County: Friday October 26, 9:30-10:30 a.m. Liverpool Public Library, 310 Tulip St., Liverpool. Contact the CNYMRC Coordinator by October 19 to register.

WEBINAR:

Saturday November 3, 10:00-11:00 a.m. (meeting.syntela.com Meeting ID: 7788311)***

***Webinar-format Training: You do not need to pre-register. Go to the web site listed. The Meeting ID is entered on the right side. No software needs to be downloaded. The telephone number is provided when you join the meeting.

CNYMRC ServNY Phone/Email Notification Drill

On **Wednesday October 31** during 9:00-11:00 a.m. the CNYMRC is conducting an emergency notification drill. All registered members will be called at the telephone number(s) listed on their ServNY registration. No emails will be sent with this notification. Need to opt out? Contact the CNYMRC Coordinator to be removed from the notification list for the drill.

Supplemental Training Opportunities

CENTER FOR DISASTER PREPAREDNESS in Anniston, AL offers free resident courses (including travel). These courses are a fantastic opportunity to get hands-on training in disaster response. For more information and to begin the registration process, go to <http://cdp.dhs.gov/index.html>. A few CNYMRC members have attended courses here and raved about their experiences.

Do you want to know what meetings and trainings are occurring? Do so easily with the **CNYMRC on-line calendar**. For up-to-date information on unit events and trainings, go to www.ongov.net/health/mrc/calendar.

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Update your profile @ ServNY: Has your contact information changed since registering with the CNYMRC? Would you like to receive unit information by email but currently don't? Have you acquired certifications or skills in the past year? If so, it is time to update your profile. You can do so by contacting the coordinator at cnymrc@ongov.net or (315) 435-5262. An up-to-date profile is important for easy communication as well as being utilized to the best of your abilities!

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County of Onondaga • Department of Health
Public Health Preparedness • CNYMRC
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CNY REGIONAL
Medical Reserve Corps

Serving Cayuga, Cortland, Jefferson, Lewis, Madison, Onondaga, Oswego and Tompkins Counties



Go **GREEN**...Keep Our **Costs** Down

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