

CNY REGIONAL

Medical Reserve Corps

Serving Cayuga, Cortland, Jefferson, Lewis, Madison, Onondaga, Oswego and Tompkins Counties



Central New York Medical Reserve Corps 2023 Annual Report

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Lead Agency: Onondaga County Health Department
Month/Year: January-December 2023

Overview of the Central New York Medical Reserve Corps

The Central New York Medical Reserve Corps (CNYMRC) is an eight-county regional volunteer program. Our mission is to recruit, train, and organize healthcare and support professionals to enhance existing public health and emergency response capabilities during times of crisis.



The CNYMRC is an active participant in preparedness and response activities in the Central New York region. The CNYMRC is housed within County Health Departments with the Onondaga County Health Department as the lead agency. The CNYMRC partners with Departments of Emergency Management, the American Red Cross, hospitals, and other community organizations in our region.

The CNYMRC provides training opportunities to its volunteers in the form of online, in-person, and in the field training. Trainings address all aspects of disaster preparedness with an emphasis on mass prophylaxis, hospital operations, and mass casualty events across the region. The goal is to increase the capacity of CNYMRC volunteers to prepare for and respond to public health and emergency response needs within the region.

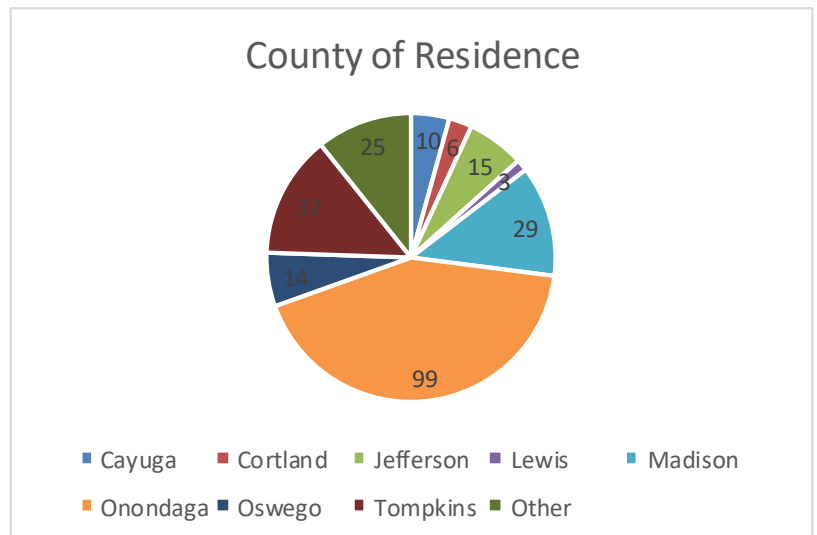
The CNYMRC's participation in community events throughout our region enhances team building within the unit while assisting community partners with executing their events.

2023 CNYMRC Membership

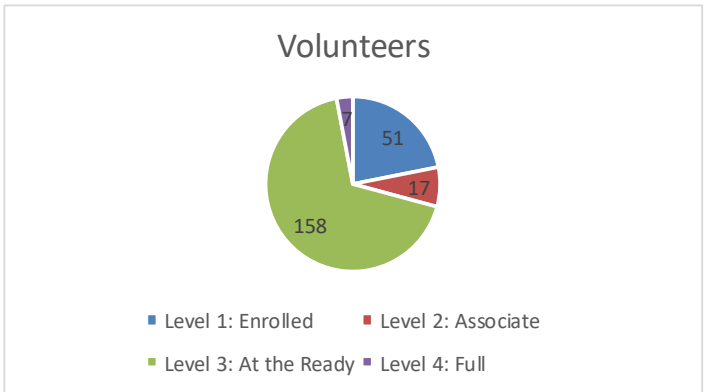
As of December 31, 2023 the CNYMRC has 233 registered volunteers: 141 (or 61%) are healthcare volunteers and 92 (or 29%) are support volunteers. Almost all (208 or 89%) volunteers reside in the CNYMRC counties. The remaining 25 reside in contiguous counties or attend college in our region while permanently residing elsewhere.

Professions Represented:

Profession	Count
Dentist	2
EMS Professional	16
Mental Health/Counselor	3
Nurse	68
Nurse Practitioner	18
Other Public Health/Medical	2
Pharmacist	9
Physician	16
Physician Assistant	4
Respiratory Therapist	1
Support	92
Veterinarian	2
TOTAL MEMBERSHIP	233



The CNYMRC has four membership levels. Volunteers at Levels 1 and 2 are encouraged to complete required training within the first year of enrollment. Those who are unable to complete the required training in the first year of membership must recommit to the unit and complete training within the second year. Volunteers who have not completed training within the first two years may be removed from the roster. Volunteers in Levels 3 and 4 have completed required training. Of the unit's 233 volunteers, 165 (or 71%) have completed required courses allowing these volunteers to assist during a crisis as well as participate in drills and exercises in accordance with their healthcare licenses.



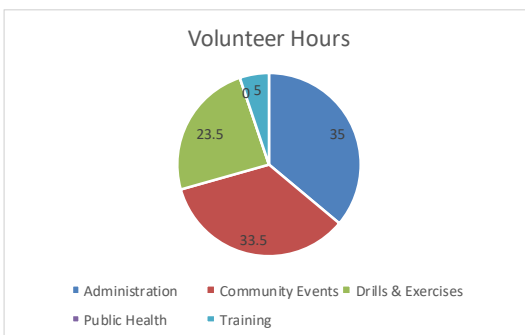
2023 CNYMRC Unit Activities



During 2023, CNYMRC volunteers participated in 11 unit activities in our region. Volunteers amassed 97 hours valuing \$3,336.47 (based on DCVMRC Economic Impact values).

Administration activities included unit leadership trainings and meetings.

Community Events included the presentations to select groups, Ride to the Rescue, and Ride for Life.



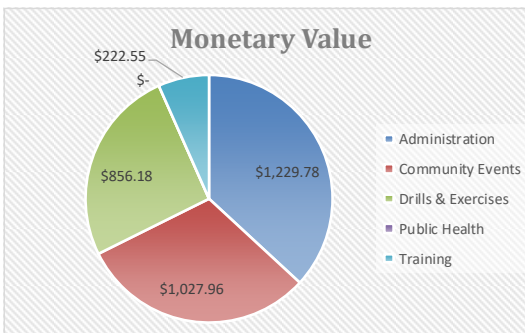
Drills and Exercises included a Point of Distribution (POD) exercise and unit communications drills

Training included POD Overview.

Required Training

All CNYMRC members are asked to complete the following training:

- 1) Unit Orientation
- 2) Personal Preparedness
- 3) Psychological First Aid,
- 4) IS-700, National Incident Management System (NIMS)
- 5) IS-100, Incident Command System (ICS).



All healthcare volunteers are asked to complete CPR/AED or its equivalent. Required courses are available online or as part of classroom instruction (when requested).

2023 CNYMRC Unit Highlights

2023 was a year of trying to return to pre-COVID operations, with limited success.

The roster of volunteers returned to pre-COVID numbers. Attempts were made in late 2022 by the leadership committee to retain volunteers who registered and volunteered during the COVID response. The majority chose to not remain on the roster.

Many of the community events the CNYMRC previously partnered with have either modified how they manage the event, have not returned to pre-COVID status, or have not returned. Any community event the CNYMRC chooses to partner with must either have a healthcare function (such as a medical tent) or serve a healthcare demographic (such as fundraising for a healthcare issue). To encourage volunteers to participate, we opened up volunteering to any activity at the event and allowed friends and family to participate alongside them.

In 2023, the CNYMRC returned to conducting communications drills three times annually.