

CNY REGIONAL

Medical Reserve Corps

Serving Cayuga, Cortland, Jefferson, Lewis, Madison, Onondaga, Oswego and Tompkins Counties



Central New York Medical Reserve Corps 2019 Annual Report

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Lead Agency: Onondaga County Health Department
Month/Year: January-December 2019

Overview of the Central New York Medical Reserve Corps

The Central New York Medical Reserve Corps (CNYMRC) is an eight-county regional volunteer program. Our mission is to recruit, train, and organize healthcare and support professionals to enhance existing public health and emergency response capabilities during times of crisis.



The CNYMRC is an active participant in preparedness and response activities in the Central New York region. The CNYMRC is housed within County Health Departments with the Onondaga County Health Department as the lead agency. The CNYMRC partners with Departments of Emergency Management, the American Red Cross, hospitals, and other community organizations in our region.

The CNYMRC provides training opportunities to its volunteers in the form of online, in-person, and in the field training. Trainings address all aspects of disaster preparedness with an emphasis on mass prophylaxis, hospital operations, and mass casualty events across the region. The goal is to increase the capacity of CNYMRC volunteers to prepare for and respond to public health and emergency response needs within the region.

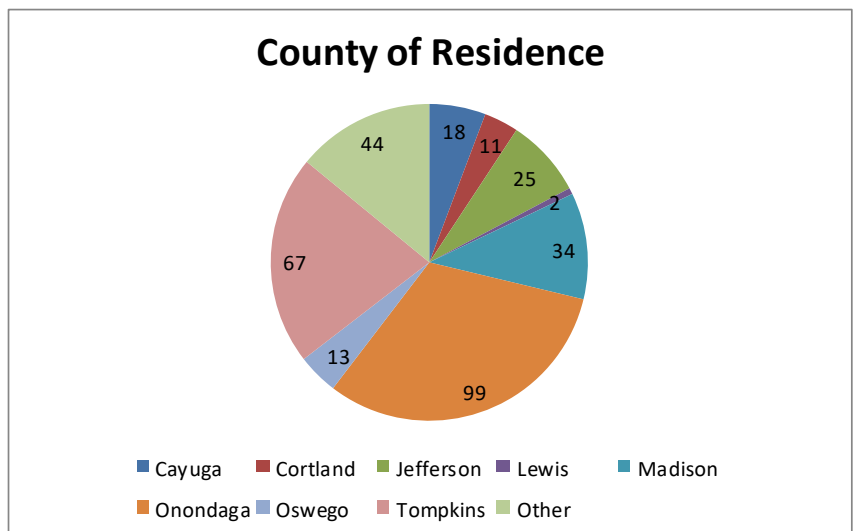
The CNYMRC's participation in community events throughout our region enhances team building within the unit while assisting community partners with executing their events.

2019 CNYMRC Membership

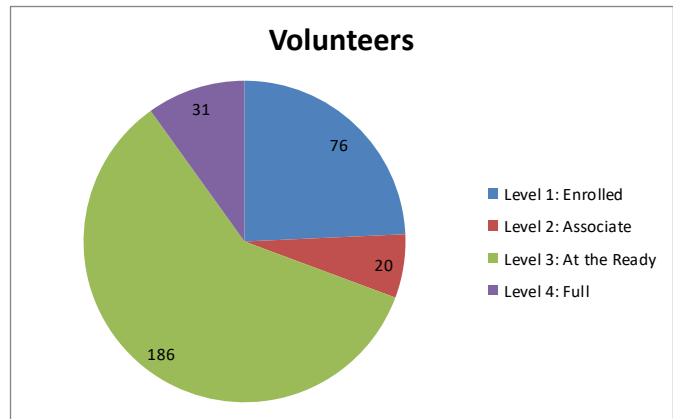
As of December 31, 2019 the CNYMRC has 313 registered volunteers: 162 (or 52%) are healthcare volunteers and 151 (or 48%) are support volunteers. Almost all (269 or 86%) volunteers reside in the CNYMRC counties. The remaining 44 reside in contiguous counties or attend college in our region while permanently residing elsewhere.

Professions Represented:

Profession	#
Dentist	1
EMS Professional	10
Mental Health/Counselor	6
Nurse	91
Nurse Practitioner	19
Other Public Health/Medical	8
Pharmacist	8
Physician	10
Physician Assistant	6
Respiratory Therapist	1
Support	151
Veterinarian	2
TOTAL MEMBERSHIP	313

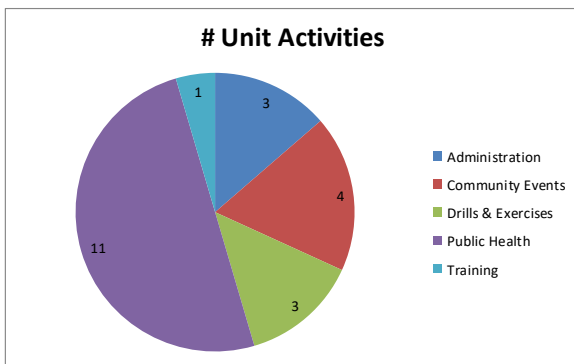


The CNYMRC has four membership levels. Volunteers at Levels 1 and 2 are encouraged to complete required training within the first year of enrollment. Those who are unable to complete the required training in the first year of membership must recommit to the unit and complete training within the second year. Any volunteer who has not completed training within the first two years may be removed from the roster. Volunteers in Levels 3 and 4 have completed required training. Of the unit's 313 volunteers, 217 (or 69%) have completed required courses allowing these volunteers to assist during a crisis as well as participate in drills and exercises in accordance with their healthcare licenses.



2019 CNYMRC Unit Activities

During 2019, CNYMRC volunteers participated in 22 unit activities in our region. Volunteers amassed 266 hours valuing \$6,829.60 (based on DCVMRC Economic Impact values).



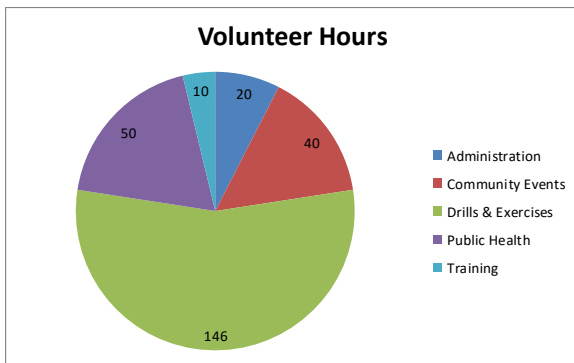
Administration activities included Leadership Committee meetings.

Community Events included the Lake Effect Half Marathon, Healthy Cortland, and Salvation Army Christmas Bureau activities.

Drills and Exercises included Point of Distribution (POD) exercises with Syracuse University and Ithaca College and a Hotline exercise with the Onondaga County Health Department.

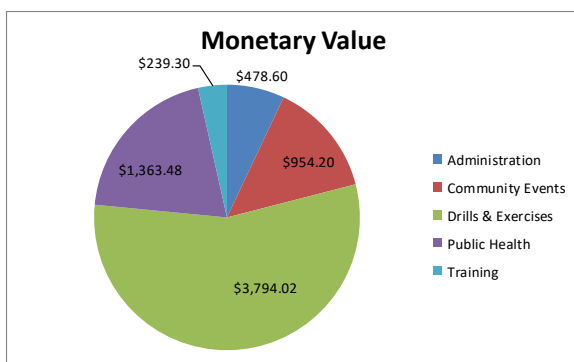
Public Health activities included rabies vaccination clinics.

Training included required unit activity training.



Required Training

All CNYMRC members are asked to complete the following training: 1) Unit Orientation, 2) Personal Preparedness, 3) Psychological First Aid, 4) IS-700, National Incident Management System (NIMS), and 5) IS-100, Incident Command System (ICS). All healthcare volunteers are asked to complete CPR/AED or its equivalent. Required courses are available online or as part of classroom instruction (when requested).



2019 CNYMRC Unit Highlights

The CNYMRC had some great activities this year. There were community events, partnerships with our county health departments and with community partners.

The Healthy Cortland event brought no cost medical, dental, and veterinary services to Cortland County residents. Our volunteers provided assistance throughout the clinics.

For the first time, a CNYMRC volunteers took on a supervisory role in our activities. At the Syracuse University POD exercise, CNYMRC volunteer Lu Ann Berlinski oversaw the CNYMRC volunteers and supervised the medical screening area.

The Ithaca College POD exercise is unique. The Community Health students learn to set up and run the POD as part of their course curriculum. This program in partnership with the Tompkins County Health Department received a Model Practice award from the National Association of City and County Health Departments (NACCHO).

Rabies vaccination clinics remain a popular unit activity. These clinics provide rabies vaccinations to pets by donation only so this service is not a financial hardship to residents.

The CNYMRC had a slower year due to the loss of two major community events--the Susan G. Komen Race for the Cure where an ancillary first aid tent is no longer required and the Syracuse Ironman which was discontinued. However, the CNYMRC Leadership Committee is working to fill the gap with our events and activities in 2020.