# Lead in Water: Tips

If you have a lead service line or lead in your home's plumbing or fixtures, then running your tap water for one minute each morning can help! Water that sits overnight may increase the amount of lead in your drinking water.

Keep reading to learn more about protecting yourself and your family, and how to know if you have a lead service line.



# Follow these tips to protect yourself and your family from lead in water:



#### Run your tap to flush the pipes

Let your tap run for one minute in the morning, before using the water for drinking or cooking. Running the tap flushes the pipes and helps to reduce the amount of lead in the water. Taking a shower, doing laundry, or doing a load of dishes also help to flush the pipes.



#### **Use only cold water**

Hot water can pull more lead from the pipes than cold water. Use only cold water for drinking, cooking, and making baby formula. Boiling water does not reduce the amount of lead in the water.



#### Consider using a water filter

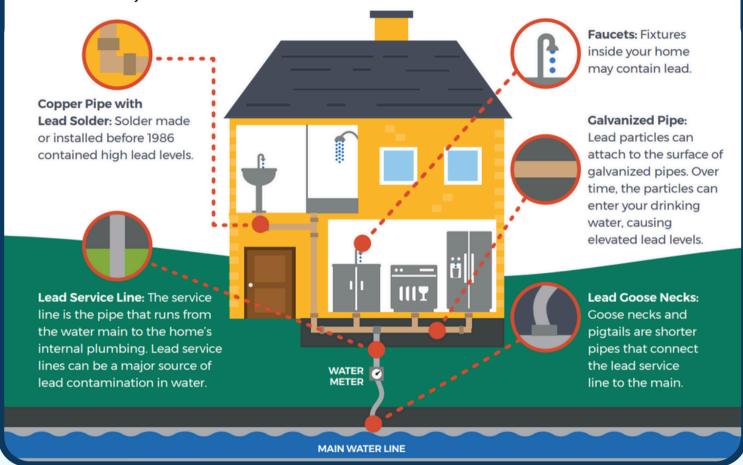
Make sure the water filter is certified to remove lead by a certifying agency such as National Sanitation Foundation (NSF) or the Water Quality Association (WQA). Look for water filters that say they meet Standard 53 for lead removal. Follow the manufacturer's instructions on how to properly maintain your water filter.





## Do you have lead service lines in your home?

The lead service line is the pipe that runs from the water main line to the home's internal plumbing. The picture below shows where the service line is located. Not sure if you have lead water service lines in your home? Contact the City of Syracuse Water Department for more information on your home's service line.



Graphic: epa.gov/ground-water-and-drinking-water/infographic-lead-drinking-water

### Did you know...?

- Lead can cause learning, growth, and behavior problems.
- A blood test is the only way to tell if a child has been in contact with lead!
- Children should be tested for lead at age 1 and again at age 2!

To see if your child needs a blood lead test, call your child's doctor. For more information about testing, visit ongov.net/health/lead!





City of Syracuse Water Department Hotline: (315) 448-8354
Health Department Water Supply Division: (315) 435-6600
Health Department Lead Poisoning Prevention: (315) 435-3271