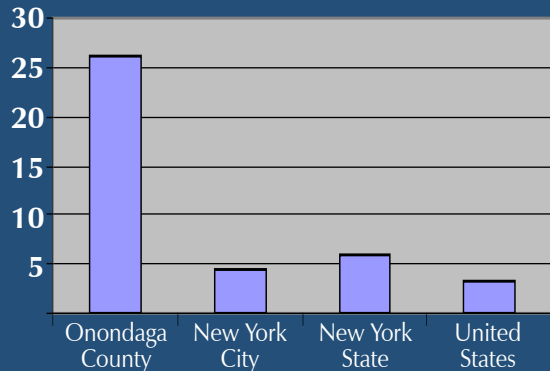


Did you know...

Of every 1,000 babies born in Onondaga County, 26 have drug-related problems.

Newborns with Drug-Related Problems
Births Per 1,000



Source: JAMA, May 2012
New York State Department of Health, 2007-2009

Now that you are pregnant,
it's a good time to make a change.

*Help yourself.
Help your baby.*



*Give your baby
a healthy start.*

*For free and confidential support
call the Hopeline at*

(315) 218-1965

Contact Community Services, Inc.
Crouse Hospital
Onondaga County Health Department
Prevention Network
REACH CNY
Upstate New York Poison Center



Pregnant and using?

There is Hope.

*For free and
confidential support
call the Hopeline at*

(315) 218-1965



One infant born every hour in the United States has signs of drug withdrawal.

Source: JAMA, May 2012



What is Neonatal Abstinence Syndrome?

If you are pregnant and using, the drugs you use pass through your body to the baby inside of you. Once born and no longer getting the drugs, the baby can go through withdrawal. The set of symptoms a baby experiences is called Neonatal Abstinence Syndrome (NAS).

The symptoms a baby shows differ based on the drug(s) that were used and the amount taken, but can include: seizures, poor feeding, sweating, diarrhea, or trouble sleeping.

Some drugs can increase the chance of birth defects and/or premature labor in these babies. This can affect how the baby grows and develops. Babies of mothers who drink alcohol during pregnancy may also have the same kind of symptoms.

If you are using drugs, do not just quit suddenly, as it will cause problems for your baby.

If you are ready to get help, call the Hopeline! Trained, caring people will direct you to the help and hope you need. It is never too late.

Some of the drugs that can cause NAS:

- Cocaine
- Amphetamines (like speed, Adderall®, and Dexedrine®)
- Opiates/opioids (like heroin, morphine, and codeine), oxycodone, hydrocodone, Oxycontin®, Vicodin®, Percocet®
- Marijuana (pot, weed)
- Benzodiazepines (like sleeping pills, Valium®, and Xanax®)

Call the Hopeline for support...



What do I do if I am using and would like help?

For free and confidential support call the Hopeline at

(315) 218-1965

You are never alone... call today.