



Care from ANYWHERE

Access quality care at home with telehealth services, available through your Aetna Medicare Advantage plan

Health care that meets you where you are

Can't make it to your doctor's office, or prefer to meet with a provider virtually from the comfort of your home? Your Aetna® Medicare plan includes the convenience of telehealth benefits.

With telehealth—you can get nonemergency virtual care by phone, video or mobile app, anywhere you are, including after hours or on the weekend.

Many services are covered, including:

- Routine care
- Sick visits
- Urgent care (walk-in clinics)
- Prescription refills
- Behavioral health services (individual and group sessions)

If you need emergency care, call 911 or go to the nearest emergency room immediately.





Telehealth benefits with your Aetna Medicare Advantage plan



Telehealth:

You can get virtual care from any provider that offers telehealth services and accepts your plan. You'll pay the same amount as an in-person visit.

For help finding out if your doctor accepts the Aetna Medicare Advantage plan, call us at the number on your Aetna® member ID card.



Teladoc®:

Connect with a licensed physician by web, phone or mobile app 24/7—usually within 15 minutes.

Just call **1-855-835-2362 (TTY: 711)** or visit **Teladoc.com/Aetna** to learn more.



New this year! MDLIVE®:

Get fast, affordable, and convenient access to virtual behavioral health services. You can confidentially meet with a MDLIVE licensed therapist or board-certified psychiatrist by phone or video appointment. You'll have no limits on the number of visits and \$0 copay. Appointments are available 24/7.

Just call **1-888-865-0729 (TTY: 1-800-770-5531)** or visit **MDLIVE.com/AetnaMedicareBH** to learn more.

If you or a loved one needs immediate help, the National Suicide Prevention Lifeline provides 24/7 free and confidential support, prevention, and crisis resources for people in distress. Call 1-800-273-8255.



Questions?

We're here to help.

Call Aetna Member Services at the number on your member ID card. Or visit **AetnaRetireePlans.com** to learn more.

See Evidence of Coverage for a complete description of plan benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by service area. The formulary, provider and/or pharmacy network may change at any time. You will receive notice when necessary.