

A Whole New Approach to Eldercare for Family Caregivers



Loretto and the Onondaga County Department of Aging and Youth are partnering to provide three classes through the Institute for Caregivers that offer the community an introduction to the Eden Alternative. The Eden Alternative is a small not-for-profit organization making a big difference in the world by seeking to remake the experience of aging. It is based on the core belief that aging should be a continued stage of development and growth, rather than a period of decline.



Growing Home: Inspiring Family Caregivers and Their Elders

“Growing Home” promises to be an uplifting and not-to-be missed presentation for families caring for their elders or other loved ones at home. Gifted speaker Dr. William Thomas encourages attendees to view their home as a “garden” and an elder as “a person who is still growing and whose life continues to have within it promise for and connection to the future”.

WEDNESDAY, 9/28/11, 4:00 - 5:30 p.m.

Dr. William Thomas, Instructor

Living Purposeful Lives at Home Through the Eden Alternative

In this session, family caregivers will be introduced to the Eden Alternative philosophy of care and offered ways to grow together with their elder loved ones at home. The Eden at Home Series applies the power of the Eden Alternative to improve quality of life for elders living at home with care partners.

Wednesday, 10/26/11, 4:00 - 5:30 p.m.

Karen Carroll, Instructor

Life Harvests: The Gift of Sage-ing® for Family Caregivers

The Sage-ing® program is a process that invites elders, family caregivers and other care partners to cultivate their lives. This class will discuss making the years of elderhood a time of learning and growth while engaging in life review, harvesting one’s wisdom, life repair and life completion.

Thursday, 11/10/11, 4:00 - 5:30 p.m.

Brenda McCutcheon, Instructor

For more information or to register, please contact
the Department of Aging and Youth

(315) 435-2362 ext. 140 or ext. 139

www.ongov.net/ay