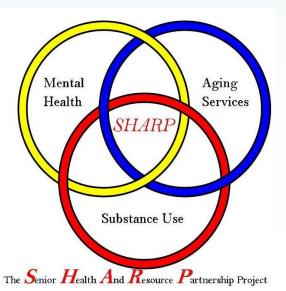
The **SHARP** Project

The **SHARP** Project is a local program designed to assist adults, 55 years of age and older, with counseling and community based services that promote physical and emotional well-being.

Counseling is available to participants of the program through office-based or in home telehealth sessions.



Onondaga County
Department of
Adult & Long Term
Care Services









The SHARP Project is a partnership between Onondaga County Department of Adult & Long Term Care Services, AURORA of Central NY, Inc., Liberty Resources and Helio Health. Funding is provided by the New York State Office of Mental Health.

Contact: **SHARP** Project 315-435-5600 Ext. 5648 www.ongov.net/adult

Are you age 55, or older?

Are you worried about addiction, depression or other mental health issues?

The **SHARP** Project Can Help!

The
Senior
Health
And
Resource
Partnership
Project



Contact: *SHARP* Project 315-435-5600 Ext. 5648



What the **SHARP** Project Does

The **SHARP** Project offers:

- Care Management
- Aging Services
- Mental Health Services
- Substance Use Counseling

The goal of the **SHARP** Project is to provide appropriate supports and services that will enable older adults to remain safely in their homes and participate in family and community life.

The **SHARP** Project is sensitive to the needs of older adults and respects individual choice.

Contact: *SHARP* Project 315-435-5600 Ext. 5648

The *SHARP* Project Can Help With:

- → Mental WellnessAssessments &Counseling
- ⇒ Substance UseAssessments &Counseling
- ⇒ In Home Telehealth
- ⇒ Aging Assessments & Services
- ⇒ Care Management
- → Home Visits
- ⇒ Falls Prevention

Joy Pleasants, Care Coordinator Phone: 315-435-5600, Ext. 5648

Fax: 315-435-5612

Email: jpleasants@ccsi.org



