

# Home Health Care in Onondaga County Certified, Licensed, and Companion Care

## Certified Home Health Care Agencies

A Certified Home Health care Agency, or CHHA, is a licensed home health care agency that is certified by both Medicare and Medicaid. The services offered by a certified agency are medical and include nursing care, home health aides, physical therapy, occupational therapy, speech therapy, nutrition assistance, social work and respiratory therapy.

Those who are eligible for home care under Medicare *must utilize* a certified agency. A doctor's referral is necessary. A doctor determines home health care as medically necessary and sets up a treatment plan.

A nurse will conduct an assessment of the patient's physical condition, and the agency will then be able to advise which benefits and services are available under Medicare.

### HCR Home Care

800-270-4904

### Center Well

115 Continuum Dr., #2E, Liverpool, NY 13088  
315-461-0209

### Nascentia Health

1050 West Genesee St., Syracuse, NY 13204  
315-477-4663

## Licensed Home Care Services Agencies

A licensed home care service agency provides nursing care, personal care attendants, and housekeeping services. Services are available to clients who have private insurance, pay privately, and in some cases contracted through local social service departments. Note that home care agencies generally require several days' notice to complete a home care plan and to make the necessary arrangements for in-home services.

**Access to Home:** 315-258-2842, [www.accesshomecarecny.com](http://www.accesshomecarecny.com)

**All Metro:** 3156-453-5537, [www.all-metro.com](http://www.all-metro.com)

**Caregivers Home Care:** 315-451-6886, [www.caregivershomecare.com](http://www.caregivershomecare.com)

**Changing Seasons:** 315-637-2273, [www.changingseasonshc.com](http://www.changingseasonshc.com)

**Comfort Keepers:** 315-352-8155, [www.comfortkeepers.com](http://www.comfortkeepers.com)

**Dignity Plus:** 315-668-9381, [www.dignityplus.com](http://www.dignityplus.com)

**Elder Choice:** 315-252-7889, [www.elderchoiceinc.com](http://www.elderchoiceinc.com)

**Maxim Healthcare:** 315-476-0600, [www.maximhealthcare.com](http://www.maximhealthcare.com)

**Nascentia Health:** 315-477-4663, [www.nascentiahealth.org](http://www.nascentiahealth.org)

**New Beginnings Home Care:** 315-255-3390, [www.cnyhomecareservices.com](http://www.cnyhomecareservices.com)

**NurseCore:** 315-433-9100, [www.nursecore.com](http://www.nursecore.com)

**Peregrine Home Care:** 315-469-8900, [www.peregrineseniorliving.com/homecare/](http://www.peregrineseniorliving.com/homecare/)

**Self Direct:** 315-635-5374, [www.selfdirect.com](http://www.selfdirect.com)

**Stafkings:** 315-432-5636, [www.stafkingshealthcare.com](http://www.stafkingshealthcare.com)

**VA Hospital Based Home Care Program (Veterans only):** 315-425-4669  
(Must be connected to Veterans Hospital System)

## **Companion Care (Non-Medical)**

Companion care offers social interaction and emotional support along with supervision. Services can often include assistance with household chores, transportation, and running errands. Services are non-medical.

**At Home Independent Living:** 315-579-4669, [www.athomeindependentliving.com](http://www.athomeindependentliving.com)

**Constant Care 24/7:** 315-447-2461, [www.constantcare247.com](http://www.constantcare247.com)

**Elite Home Health Care:** 315-960-5000, [www.elitehhc.com](http://www.elitehhc.com)

**Griswold Home Care:** 315-636-5191, [www.griswoldcare.com](http://www.griswoldcare.com)

**Home Instead:** 680-895-4344, [www.homeinstead.com](http://www.homeinstead.com)

**Peace at Home:** 315-530-3023, [www.peaceathomecare.com](http://www.peaceathomecare.com)

**Seniors Helping Seniors:** 315-720-4441, [www.seniorshelpingseniors.com](http://www.seniorshelpingseniors.com)

**Senior Home Care & Alzheimers Solutions:** 315-469-1000, [www.syracusesenior.com](http://www.syracusesenior.com)

**Touching Hearts at Home:** 315-565-6492, [www.touchinghearts.com/cny](http://www.touchinghearts.com/cny)

## **Caregiver Respite Programs**

Respite care provides relief to family members from their caregiving responsibilities. It may involve a person coming into the home on a regular basis for a few hours or an arrangement to allow the caregiver a break for a weekend or vacation. Some of the home health care agencies listed above offer respite. Call for more information.

### **Onondaga County Office for Aging Caregiver Respite Program**

Assists unpaid caregivers of a frail senior 60 years or older or someone of any age with Alzheimer's Disease or related disorder. Program offers in-home care or social day program services as respite options.

315-435-2362 x4691

### **Nascentia Health Caregiver Respite Program**

Offers in-home and out-of-home care for up to 42 days per year. Services based on availability and funding.

315-477-4663, [www.nascentiahealth.org/](http://www.nascentiahealth.org/)

### **New York State Caregiving and Respite Coalition (NYSCRC) Statewide Voucher Program**

NYSCRC offers \$600 respite voucher to informal family caregivers across New York State. Program is open to kinship caregivers (those caring for a child under 18 who is not their biological child, as well as caregivers of adults with long term chronic conditions.

Lifespan of Greater Rochester/NYSCRC: 585-287-6393

[www.nyscrc.org/respite-voucher-program](http://www.nyscrc.org/respite-voucher-program)

Email: Rebecca Hyde at [rhyde@lifespan-roch.org](mailto:rhyde@lifespan-roch.org)

### **Veteran's Administration Respite Program (Veterans only)**

Must be connected to Veterans Hospital System

315-425-4669

Can provide planned, limited stay in the Syracuse VA Hospital to give caregiver a break.

## **Friendly Visitor and Telephone Reassurance**

### **Senior Companion Program**

#### **InterFaith Works**

**315-449-3552 x224 x110**

Volunteer outreach program of friendly visitors/companions offering socialization

and advocacy for isolated older adults.

**TeleCare**

Contact Community Services

315-251-1400 x115

Free: Mediation management, reassurance and emotional support and regular connection.