

## Home Delivered Meals in Onondaga County



The Meals on Wheels (MOW) agencies provide home delivered meals (typically a hot lunch and cold dinner) to people of ALL ages that are unable to prepare their own meals due to an illness or injury. All programs provide meals on a private basis. Onondaga County Department of Adult and Long Term Care Services authorizes meals for eligible older individuals who homebound.

Participants are asked to voluntarily contribute \$4.00 for two meals or \$4.50 for two Kosher meals. Any contribution is gratefully accepted; no client is turned away due to an inability or unwillingness to contribute.

Meals on Wheels Eastern Onondaga County, Kosher Meals on Wheels, Meals on Wheels of Syracuse, Inc., and North Area Meals on Wheels, contract with the Onondaga County Office for Aging. These agencies provide savory, nutritious meals, comprehensive in-home assessments, nutrition counseling and other services to eligible seniors who are unable to regularly prepare healthy meals for themselves.

Meals are delivered Monday through Friday by caring volunteers who check on clients each day. Participants overwhelmingly report a better sense of well-being and independence as a result. The Home Delivered Meals Program is a primary access point for other home and community-based services.

Home Delivered Meals Programs provide much more than food; they provide a wholesome meal as well as a safety check. Contact the program that serves your area for more information.

## Home Delivered Meals List

### **Meals on Wheels Eastern Onondaga Co.**

315- 637-5446

P.O. Box 72, Manlius, NY 13104

Serves: Bridgeport, DeWitt, East Syracuse,  
Minoa, Fayetteville, Jamesville, Kirkville, Manlius,  
Pompey, Tully/Lafayette Area.

**[moweoc@gmail.com](mailto:moweoc@gmail.com)**

**<http://moweoc.com>**

### **Meals on Wheels Syracuse**

315- 478-5948

300 Burt St., Syracuse, NY 13202

Serves: City of Syracuse, Jordan/Elbridge  
Onondaga Nation, Nedrow, Skaneateles

**[community@meals.org](mailto:community@meals.org)**

**<http://meals.org/>**

### **Kosher Meals on Wheels**

315- 446-9111 ext. 256

4101 E. Genesee St, Syracuse, NY 13214

Serves: those who require Kosher.

**[somerse@sjfs.org](mailto:somerse@sjfs.org)**

**<http://sjfs.org/kmow/>**

### **North Area Meals on Wheels**

315- 452-1402

413 Church St, N. Syracuse, NY 13212

Serves: Cicero & N. Syracuse school district;  
Brewerton, Town of Clay, and Town of Salina  
south of John Glenn Blvd.

**[contactus@namow.org](mailto:contactus@namow.org)**

**<https://www.namow.org/>**

**Other Meals on Wheels programs in Onondaga County provide meals on a private pay basis:**

### **Baldwinsville Meals on Wheels**

315- 638-2171

76 Canton St., Baldwinsville, NY 13027

Serves: Towns of Lysander and Van Buren, Town of Salina north of John Glenn

**[baldwinsvillemealsonwheels@yahoo.com](mailto:baldwinsvillemealsonwheels@yahoo.com)**

**<https://bvillemow.org/>**

### **ECHO Meals on Wheels West**

315- 487-2878

4600 W. Genesee St., Syracuse, NY 13219

Serves: Camillus, Geddes, Marcellus, Onondaga and Solvay

**[ECHOMealsOnWheels@gmail.com](mailto:ECHOMealsOnWheels@gmail.com)**

**<https://www.echomealsonwheelswest.com/>**