

Executive Summary

Services for Older Residents of Onondaga County 2017

Help Us Plan the Future of Aging Services in Onondaga County

The Onondaga County Office for Aging invites you to attend a **Public Hearing** and share your thoughts on the needs of older adults.

- ◆ **What unique needs do older adults have?**
- ◆ **Which of these areas are critical?**
- ◆ **Where can older adults find assistance?**
- ◆ **How can the Office for Aging help?**

Thank you for helping us develop our service plan for 2017!

Tuesday
October 25th at 1:00 pm
The Salvation Army
Senior Center
749 South Warren Street
Syracuse, NY 13202

Wednesday
October 26th at 1:00 pm
Canton Woods Senior Center
76 Canton Street
Baldwinsville, NY 13027

Joanne M. Mahoney
County Executive



Peter J. Headd
Executive Director
Office for Aging

Executive Summary - 2017

Services for Older Residents of Onondaga County

The staff of Onondaga County Department of Adult & Long Term Care Services, Office for Aging, wish to thank you for being part of the Public Hearing process. We know that you, as consumers and professionals in age-related services, are aware of the importance of recognizing the social needs in Onondaga County and the support services that are required to meet those needs with public funds.

We are pleased to share our current services, plans and visions for the future with you and invite you to comment or share your ideas and concerns with us by attending one of the Public Hearings or by writing, emailing or faxing by 11/18/16 to:

Peter J. Headd, Executive Director
Onondaga County Office for Aging
421 Montgomery Street, 10th Floor
John H. Mulroy Civic Center
Syracuse, NY 13202

Email: cherrylamb@ongov.net

If emailing or faxing please put PLAN2017 in the subject line
Fax: 315-435-3129 - Attn: Peter J. Headd

Agency Overview

The Onondaga County Office for Aging, is the designated Area Agency on Aging for Syracuse and Onondaga County. It was established as a result of the Older Americans Act of 1965 and is charged to “...provide assistance in the development of new or improved programs to help older persons through grants to the States for community planning and services and for training through research, development, or training project grants...”

The Older Americans Act of 1965 is the principal piece of legislation responsible for creating an organized network of services for the elderly. This watershed social policy went beyond the boundaries of the income-insurance programs and established an arm of the Department of Health, Education and Welfare (now known as the Department of Health and Human Services) to provide the basis for government financial aid to assist state and local communities in meeting the physical and social needs of seniors.

The aging population of Onondaga County continues to grow and become more diverse. This affords us the opportunity to plan, establish and administer programs and services that will celebrate the strengths of seniors, and provide for their needs. To this end, the Department of Adult & Long Term Care Services, Office for Aging is pleased to present this Executive Summary of planned services for the year 2017. Our office welcomes comments from consumers, as well as service organizations, about issues and needs our community faces as our citizens age.

The Community Forum in Action

The Office for Aging, is required to conduct a yearly Public Hearing. The purpose of the Public Hearing is to create an atmosphere for dialogue about the Office for Aging’s current programs. It also serves as a means for the Office to seek ways to solve problems and fill gaps that exist in our delivery of services to older adults in Onondaga County.

Toward the end, the 2017 Public Hearing will focus on soliciting comments from constituents regarding:

- ◆ What unique needs do older adults have?
- ◆ Which of these areas are critical?
- ◆ Where can older adults find assistance?
- ◆ How can the Office for Aging help?

Partnerships and Priority Services in 2017

As the official Area Agency on Aging in Onondaga County, the Department of Adult & Long Term Care Services, Office for Aging, is mandated by law to provide certain priority services. They are:

Legal Services: Contractor provides legal case assistance in civil matters and specific entitlement programs.

Access Services: These programs provide vital linkages to other social services. In addition, they can directly meet critical needs of older persons.

In-Home Services: Programs in this group are directly connected to the needs of homebound and/or frail older persons. These programs are designed to provide case specific support so that the older person may remain home for as long as it is practical.

We are committed to the continuation of our programs, which are planned and designed to meet both the letter of the law, and the spirit of the law. In 2016, we administered these mandated services in partnership with the following contracted agencies:

Community Partners

Legal Services:

Legal Aid Society of Mid New York, Inc.

Access Services:

Able Medical Transportation
Alzheimer's Association of CNY
Aurora of CNY
Caliber Patient Care
Canton Woods Senior Center
Catholic Charities
The Centers at St. Camillus
Central New York Services
CNY Regional Transportation Authority
Dunbar Association
Ecumenical Council of Minoa, Bridgeport, Kirkville
ElderCare Social Day Program
FM/JD Area Meals on Wheels
Huntington Family Center
Jewish Community Center

Laker Transportation Project, Inc.
Meals on Wheels of Syracuse
North Area Meals on Wheels
Northeast Community Center
OASIS
P.E.A.C.E., Inc.
Silver Fox Social Day Program
Syracuse Housing Authority
Syracuse Jewish Family Service
Syracuse Model Neighborhood Facility, Inc.
The Salvation Army
Town of Elbridge
Upper NY Annual Conference
Visiting Nurse Association of CNY
Westcott Community Center

In-Home Services:

Access CNY
All Metro Health Care
ARISE
CareGivers, Inc.
Catholic Charities

Franciscan Health Support
Response 4 Help
Home Aides of CNY
Integrity
Interim HealthCare
Menorah Park Home Care

P.E.A.C.E., Inc.
Self-Direct Inc.
Stafkings
Syracuse Jewish Family Service
The Salvation Army
TymeSavers, Inc.

The Year Ahead - 2017

The Onondaga County Department of Adult & Long Term Care Services, Office for Aging, will:

- ❑ Continue support of **Mandated Services** contingent upon funding from the United States Congress, the New York State Legislature, the Onondaga County Legislature and the City of Syracuse.
- ❑ Continue to provide services to the community through **Contracted Agencies** by means of a Competitive Procurement Process. The Office for Aging staff and the Aging Services Advisory Board, in accordance with New York State Office for Aging regulations, will monitor programs.
- ❑ Continue to offer telephone and in-person **Information and Assistance** services.
- ❑ **Senior Nutrition Services** will work with subcontract agencies and community groups to increase access to a comprehensive and coordinated system of services, utilizing innovative ways to expand Senior Dining, Home Delivered Meals, Nutrition Education and Support Services.
- ❑ The **Expanded In-Home Services for the Elderly (EISEP)** will continue to provide in-home Services to seniors in accordance with NY State Office for Aging regulations and include consumer directed in-home options for care.
- ❑ Continue to partner with the Veterans Administration to provide Consumer Directed in-home care to veterans of any age through the **Veteran Directed Home & Community Based Services Program**.
- ❑ **Caregiver Services** will continue to provide programs and services including the continuation and expansion of the Institute for Caregivers and the Caregiver in the Workplace Series. Caregiver Services supports the Relatives as Parents Program Initiative as well as Caregiver and Parkinson's Discussion Groups.
- ❑ The **HIICAP (Health Insurance Information, Counseling and Assistance Program)** will continue to offer free and unbiased insurance information and expand outreach efforts to recruit and train additional volunteers.
- ❑ **New York Connects** will offer a "No Wrong Door" or a one stop place to provide free and impartial information and assistance on long term care services and programs for people of any age. Staff will continue to provide in-home screening to meet individual needs.
- ❑ **Community Services** for the Elderly Programs will continue to operate with the goal of creating and implementing programs and services that meet the diversity of need of older adults. Providing ethnic and culturally sensitive case work practices, continues to be a central focus.
- ❑ Access to Energy Assistance for income-eligible seniors will continue through **HEAP** and other programs.
- ❑ Continue community based funding for **Transportation Services** and seek ways to coordinate and expand in underserved areas.
- ❑ The **Senior Employment Program** will continue to meet and exceed program goals for income eligible mature workers age 55 and up.
- ❑ The **Health Promotion Program** will focus on evidenced-based programs, such as, Chronic Disease Self-Management, Powerful Tools for Caregivers, Walk With Ease and Healthy Eating for Successful Living for Older Adults.
- ❑ Continue **Fall Prevention** programs by sustaining the "Step Up to Stop Falls" initiative.
- ❑ **Public Information** will continue to be distributed via a variety of venues, including social media, multimedia, printed outreach materials and on our website: ongov.net/aging.

Resources for Older Adults



315-435-2362 **www.ongov.net/aging**

Caregiver Services

Information and Consultation for People Caring for Older Persons

- Caregiver Training, Support and Referral
- Institute for Caregivers (ICare) Free Classes on a Variety of Topics Related to Caregiving
- Parkinson's Support & Education and Caregiver Discussion Groups
- Family Caregiver Planning

HIICAP

Health Insurance Information, Counseling & Assistance

- Free, Unbiased Information on Supplemental Health Insurance, Medicare and Prescription Coverage Options

EISEP

Expanded In-Home Services for the Elderly Program. Sliding Scale Fee

- In-Home, Non-Medical Care to Help Frail Individuals Age 60+
- In-Home Assessments & Personal Care
- Respite/Social Adult Day Programs
- Consumer Directed Options

HEAP

Home Energy Assistance Program

- Utility Subsidy to Those 60+ & Income Eligible

Senior Employment

20 Hours/Week PAID Training & Work Experience for Those 55+ & Income Eligible

Community Service Programs

- Home Repairs/Housing Counseling
- Legal Services/Neighborhood Advisors
- Senior Center Activities/Social Work Services
- Referrals for Transportation Options

New York Connects

Information & Assistance On:

- Long-Term Care Services - Any Age
- In-Home Nursing and Social Assessments

Long-Term Care Resource Center

On-Going, Medically Based Care Management for Children & Adults Receiving Personal & Home-Based Services

- Works with Adult Protective to Provide Nursing Assessments
- Works with Medicaid Waiver Programs to Provide Personal Care

Nutrition Services

- County Dining Sites for age 60+
- Home Delivered Meals
- Senior Farmers Market Nutrition Program & Coupons