



## Adult Day Programs

Adult programs provide a variety of services including recreational and social activities, meals, personal care, physical and occupational therapy and counseling. Some adult day care programs specialize in caring for frail, older adults in need of supervision. Adult day care may be appropriate for a person whose needs are ordinarily met by his or her own family members. Family members may have to work outside the home but are generally home in the evenings and on weekends. Many caregivers simply need a break during the week. There are two types of adult day care programs: Social and Medical

**Social Adult Day Care** - Social adult day care provides social interactions, activities and meals in a supervised setting. Although social programs do not have medical care, staff in Social Day Programs maintain close contacts with the participant's caregiver in order to report observed changes in physical, mental or emotional condition.

### **Keepsake Village at Greenpoint - Social Day Program**

138 Old Liverpool Road

Liverpool, NY 13088

315- 451-4567

<https://www.thehearth.net/senior-living/ny/liverpool/old-liverpool-road/adult-day-program>

Open 8:30 to 4:30 Monday through Friday. A Social Day Program specially designed to offer the assistance needed to improve daily stimulation of participants with Alzheimer's disease or memory loss. Caregivers receive peace of mind knowing their loved one is receiving quality care in calm and stress-free environment. Includes breakfast, lunch, mid-morning and mid-afternoon snacks. Call for fee schedule, self-pay \$125/day.

### **Salvation Army Social Day Program**

749 S. Warren Street

Syracuse, NY 13202

315- 479-1309

<https://easternusa.salvationarmy.org/empire/syracuse/senior-services/>

The Salvation Army's Social Day Program provides opportunities for socialization and wellness that support independence for our community's seniors. The Senior Center provides a warm and welcoming atmosphere that fosters a sense of community. Nutritionally balanced breakfasts and hot lunches are available for all participants. Seniors have the choice to participate in many programs, including computer instruction, yoga, exercise and strength training, falls prevention, diabetic support, health monitoring and education, ceramics and crafts, music, spiritual programs and personal enrichment. Support is provided for full participation by frail elderly who are at risk for institutionalization and/or nursing home care. Available services include transportation, referral to case management services and other community resources, assistance on outings and trips and caregiver support/assistance. A full time Nurse/LPN is on the Senior Center staff. Contribution-based and fee based upon need.

### **Self-Direct Social Adult Day**

80 Smokey Hollow Road  
Baldwinsville, NY 13207  
315- 635-5374

<https://www.selfdirectinc.com/services/social-adult-day-program/>

Monday-Friday 9 am to 3 pm. Self-Direct, Inc's. Social Adult Day Program is based on the philosophy that each individual has a need for socialization which does not diminish with age. Supportive services in a caring environment can enable people with functional impairments to live their lives more fully. Their goal is to provide a welcoming, home-like setting with a warm, friendly and well-trained staff who support the functioning, safety, and dignity of each individual in their care.

### **Program Benefits Include:**

- Individualized services in a supportive environment
- Choice of program activities and goals
- Personal care assistance
- Assistance to individuals with varying physical and cognitive abilities to build on developing additional leisure and recreation skills
- Respite for caregivers
- They accept Managed Long Term Care Insurance, Medicaid, Worker's Compensation, Private Insurance, and Private pay

### **Activities:**

- Educational Programs
- Cooking

- Animal Assisted Therapy
- Daily News and Coffee
- Strategic Board Games
- Memory Games
- Creative Arts and Crafts
- Computer Literacy
- Exercise Programs such as Zumba and Yoga
- Nintendo Wii

### **Silver Fox Adult Day Centers**

Silver Fox West 22 East Genesee Street, Baldwinsville NY 13027 - 315-715-5335

Silver Fox East 240 W. Seneca Street, Manlius, NY 13104 – 315-635-5335

<https://www.silverfoxseniors.org/>

Silver Fox is a non-profit Adult Social Day Program that provides functionally impaired older adults with socialization, supervision, personal care, and nutrition in a protective setting. Open Monday-Friday 7:30am-6pm, located in Baldwinsville and Manlius. Membership includes: Socialization, Organized recreational activities, Assistance with personal care, Assistance with transfers, Medication reminders, Homemade meals on-site, Case Coordination and Assistance.

\*Assistance may be available through the VA Administration, local Onondaga County funds or Long Term Care insurance.

**Medical Adult Day Care** - Medical Adult Day Care programs are staffed with at least one registered nurse to administer medicine and perform routine medical tasks, a social worker, therapists and other professional staff, as well as physician back up when needed. Medical model programs must have an affiliation with a licensed nursing home.

### **Loretto - Daybreak Adult Medical Program**

161 Intrepid Lane

Syracuse, NY 13205, 315- 498-4405

<https://lorettocny.org/locations/daybreak-adult-day-program/>

Open 6 days per week 8:00 am – 4:00 pm and all Holidays except for Thanksgiving and Christmas. Services: nursing, medication assistance, skill training and education, rehabilitative therapies, nutritional counseling and hot lunch, personal care, recreational activities including weekly community outings, entertainers, Tai Chi and wellness programs, hairdresser, case management and psychological services. Fees: Medicaid,

sliding scale fee, private insurance and self-pay. RNs, LPNs, and Certified Nurse's aides, Registered Dietitians, Therapists, Case Managers, Recreation staff. It is a community-based day program in a comfortable, safe environment which brings the individual's primary care doctor, specialists, case managers, and other representatives together to create a comprehensive health service plan.

It focuses on prevention to minimize hospitalizations including: Medication management, insulin shots, etc. through their nursing services, Nutritional services (i.e., daily lunch), Physical, occupational, and speech therapy, Personal care such as assistance with toileting, Pharmacy review of medications, Coordination of transportation. Requirements: Adult 21+ years old with a medical condition in need of assistance. Phone interview to determine type of service needed. There is an assessment day for RN to determine services and eligibility.

Program obtains orders from the Primary Care Physician in order to complete enrollment. Continue eligibility by attending a minimum of 1 day/week for 5 hours.

### **Loretto – PACE CNY**

<https://lorettocny.org/locations/pace-cny/>

Sally Coyne Center

100 Malta Lane

N. Syracuse, N.Y. 13212

315-452-5800

McAuliffe Health Center

115 Creek Center

East Syracuse, N.Y. 13057

315-452-5800

PACE CNY provides an alternative to nursing home placement for people 55+ who have health problems that would qualify them for nursing home placement. An interdisciplinary health care team completes an in-depth health care evaluation and develops a comprehensive individualized care plan, based on medical and supportive needs. Services may be provided at a day center, the participant's home, the hospital, or a long term care facility as needed. Full range of services from case management through health care and medical specialties to transportation. On-call health coverage by M.D. and R.N. available 24 hours, 7 days a week, 365 days a year. Older adults who are frail, yet prefer to remain in their homes can be provided medical, social, rehabilitative and supportive services by the multidisciplinary health care team. The program is a MLTC (Managed Long-Term Care Program.)

### **Admission Criteria:**

- 55 years of age or older
- Resident of Onondaga County

- Able to live safely in community
- In need of long-term care service greater than 120 days
- Assessed to be eligible for nursing facility level of care  
(Scoring 5 Points or more on a Nursing Assessment called a UAS)

**Cost/Payment:** Fees are completely covered for individuals eligible for both Medicare and Medicaid benefits. If Medicaid eligible, PACE/Loretto may be able to assist with the Medicaid application. Those eligible for Medicare only are responsible for a monthly fee that may be paid through private payments. Day Center attendance is based on an individual's needs and can range from once a month to once a week, to several days a week, as needed. The Day Center is a social daycare center with on-site medical care, nursing care, and rehabilitation therapy. The Day Center's large activity area is a place for participants to socialize, participate in activities and special program, enjoy entertainment, and share meals. Whirlpool bath and aqua therapy is available if determined medically necessary by the PACE CNY team. There is also a personal care shower area. The services of a beautician are available on-site on a fee for service basis. PACE CNY provides transportation to the Day Center, at no cost. Transportation is not only provided between the home and Day Center, but also to appointments with specialists and other approved outside activities when family is not able to transport.

### **Menorah Park Campus - Rothschild Adult Day Health Services**

4101 E. Genesee Street  
Syracuse, NY 13214  
315- 446-9111 ext. 128

<https://menorahparkofcny.com/programs/>

Adult Day services (medical model) – Provides individuals with the opportunity to participate in a comprehensive health program. It offers structured, supervised health, nursing, recreational, social, nutritional, rehabilitation and social work services. Program runs Monday – Friday- 9:00 am – 3:00 pm. Physician's referral and physical need eligibility. Wheelchair accessible, Interpreters provided as available. Set fee, Medicaid, or self-pay.