

# Adult Day Programs

Adult programs provide a variety of services including recreational and social activities, meals, personal care, physical and occupational therapy and counseling. Some adult day care programs specialize in caring for frail, older adults in need of supervision. Often times, Adult Day Programs can provide respite to caregivers who simply need a break during the week. There are two types of adult day care programs: Social and Medical.

## Social Adult Day Care

Social adult day care provides social interactions, activities and meals in a supervised setting. Although social programs do not have medical care, staff in Social Day Programs maintain close contacts with the participant's caregiver in order to report observed changes in physical, mental or emotional condition.

### Keepsake Village at Greenpoint - Social Day Program

138 Old Liverpool Road

Liverpool, NY 13088

315- 451-4567

<https://www.thehearth.net/senior-living/ny/liverpool/old-liverpool-road/adult-day-program>

Open 8:30 to 4:30 Monday through Friday. A Social Day Program specially designed to offer the assistance needed to improve daily stimulation of participants with Alzheimer's disease or memory loss. Caregivers receive peace of mind knowing their loved one is receiving quality care in calm and stress-free environment. Includes breakfast, lunch, mid-morning and mid-afternoon snacks. Call for fee schedule, self-pay \$125/day.

### Sai Sewa Adult Care Center – Social Day Program

901 Lodi Street, Syracuse, NY 13203

315-214-5007

[www.saisewaadultdaycare.com](http://www.saisewaadultdaycare.com)

Programs are customized for each participant and designed to include: social, emotional, spiritual, physical and creative needs, as well as multilingual services. Sai Sewa Adult Care Center provides a clean, safe and loving atmosphere for loved ones to enjoy their day while providing the care they need. Services include:

- |                              |                                         |
|------------------------------|-----------------------------------------|
| -Door to Door Transportation | -Hot Nutritious Meals and Snacks        |
| -Exercise Groups             | -English Classes                        |
| -Computer Classes            | -Games and Group Activities             |
| -Music and Movies            | -Library and Quiet Room                 |
| -Field Trips and Parties     | -Transportation for Doctor Appointments |

### Salvation Army Social Day Program

749 S. Warren Street

Syracuse, NY 13202

315- 479-1309

<https://easternusa.salvationarmy.org/empire/syracuse/senior-services/>

The Salvation Army's Social Day Program provides opportunities for socialization and wellness that support independence for our community's seniors. The Senior Center provides a warm and welcoming atmosphere that fosters a sense of community. Nutritionally balanced breakfasts and hot lunches are available for all participants. Seniors have the choice to participate in many programs, including computer instruction, yoga, exercise and strength training, falls prevention, diabetic support, health monitoring and education, ceramics and crafts, music, spiritual programs and personal enrichment. Available services include transportation, referral to case management services and other community resources, assistance on outings and trips and caregiver support/assistance. Contribution-based and fee based upon need.

### **Self-Direct Social Adult Day**

80 Smokey Hollow Road

Baldwinsville, NY 13207

315- 635-5374

<https://www.selfdirectinc.com/services/social-adult-day-program/>

Monday-Friday 9 am to 3 pm. Self-Direct, Inc's Social Adult Day Program is based on the philosophy that each individual has a need for socialization which does not diminish with age. Supportive services in a caring environment can enable people with functional impairments to live their lives more fully. Their goal is to provide a welcoming, home- like setting with a warm, friendly and well-trained staff who support the functioning, safety, and dignity of each individual in their care.

Program benefits include individualized services in a supportive environment, choice of program activities, personal care assistance, leisure and recreation skill building, and respite for caregivers. The program accepts Managed Long Term Care Insurance, Medicaid, Worker's Compensation, Private Insurance, and Private pay.

The Social Adult Day offers a daily calendar of activities such as cooking, animal assisted therapy, educational programming, daily news and coffee, strategic board games, memory games, arts & crafts, computer literacy, exercise classes, and interactive video games.

### **Silver Fox Adult Day Centers**

Silver Fox West 22 East Genesee Street, Baldwinsville NY 13027 315-715-5335

Silver Fox East 240 W. Seneca Street, Manlius, NY 13104 315-635-5335

<https://www.silverfoxseniors.org/>

Silver Fox is a non-profit Adult Social Day Program that provides functionally impaired older adults with socialization, supervision, personal care, and nutrition in a protective setting. Open Monday-Friday 7:30am-6pm, located in Baldwinsville and Manlius.

Membership includes: Socialization, organized recreational activities, assistance with personal care, assistance with transfers, medication reminders, homemade meals on-site, case coordination and assistance.

\*Assistance may be available through the VA Administration, local Onondaga County funds, Managed Long Term Care, or Long Term Care insurance.

## **HUB at Elite**

2826 LeMoyne Ave.

Syracuse, NY 13211

315-805-2000

[HubAtElite.com](http://HubAtElite.com)

Begin your day with social connections and energizing activities at Hub at Elite Social Day Program! Open 10am-2pm in Mattydale. We offer a wide variety of activities such as: cooking, baking, arts & crafts, special entertainment, outings in community, yoga and exercise classes, games and interactive activities. Services include door to door transportation, breakfast, lunch and snacks, medication reminders, and on-site case management. The program offers amenities that include computers with Wi-Fi, big screen televisions, exercise room, massage chairs, pool table, and hair/nail salon. The facility accommodates wheelchairs, walkers, and assistive medical devices.

## **Medical Adult Day Care**

Medical Adult Day Care programs provide socialization opportunities and are staffed with at least one registered nurse to administer medicine and perform routine medical tasks. It is a community-based day program in a comfortable, safe environment which brings the individual's primary care doctor, specialists, case managers, and other representatives together to create a comprehensive health service plan.

## **Loretto – PACE CNY**

<https://lorettocny.org/locations/pace-cny/>

Sally Coyne Center

100 Malta Lane

N. Syracuse, N.Y. 13212

315-452-5800

McAuliffe Health Center

115 Creek Center

East Syracuse, N.Y. 13057

315-452-5800

PACE CNY provides an alternative to nursing home placement for people 55+ who have health problems that would qualify them for nursing home placement. Individuals can privately pay for PACE or apply for Medicaid for which PACE is a MLTC (Managed Long-Term Care Program). A full range of services are offered from case management through health care and medical specialties to transportation. On-call health coverage by M.D. and R.N. available 24 hours, 7 days a week, 365 days a year.

Day Center attendance is based on an individual's needs and can range from once a month to once a week, to several days a week, as needed. The Day Center is a social daycare center with on-site medical care, nursing care, and rehabilitation therapy. The Day Center's large activity area is a place for participants to socialize, participate in activities and special program, enjoy entertainment, and share meals. Whirlpool bath and aqua therapy is available if determined medically necessary by the PACE CNY team. There is also a personal care shower area. The

services of a beautician are available on-site on a fee for service basis. PACE CNY provides transportation to the Day Center, at no cost.

**Menorah Park Campus - Rothschild Adult Day Health Services**

4101 E. Genesee Street

Syracuse, NY 13214

315- 446-9111 ext. 128

<https://menorahparkofcny.com/programs/>

Adult Day services (medical model) – Provides individuals with the opportunity to participate in a comprehensive health program. It offers structured, supervised health, nursing, recreational, social, nutritional, rehabilitation and social work services. Program runs Monday – Friday- 9:00 am – 3:00 pm. Physician's referral and physical need eligibility. Wheelchair accessible, Interpreters provided as available. Set fee, Medicaid, or self-pay.